



# A TRIBUTE TO OUR LOCAL PROFESSIONALS

THE WORLD-  
**Spectator**

## A new Professional Services office development located in the heart of downtown Moosomin, Saskatchewan!

### BROADWAY COMMONS

Some of the features / amenities include:

- Essentially it is a brand new space.
- Best location in town! Corner of Main Street and Broadway Avenue
- High visibility signage on Main Street
- High speed fibre optic internet rated at 100MBPS up and down
- We have 3 options for office size and location within the building
- There are 3 premier offices along the front looking out onto Main Street (with a large window). Approximately 140 square feet. \$1000 per month for those 3 spaces
- There are 2 large interior executive offices for \$1250 per month
- We will have 12 interior offices that are approximately 200 square feet for \$750 per month
- Office 115 is a boardroom that is available for rent for \$50/half-day or \$100/full-day
- Office 117 is a shared office space available by the day or week
- Leases are all inclusive. Utilities, Taxes, Building Maintenance etc.
- The interior walls will be insulated for sound proofing / privacy
- There will be a shared kitchen/coffee room area for tenants
- Brand new washroom facilities.
- Provision for a shared reception area

COFFEE ROOM		FURNACE ROOM	
REGULAR OFFICE: 116 10X20	REGULAR OFFICE: 117 10X20		
REGULAR OFFICE: 114 10X20	REGULAR OFFICE: 115 10X20		
REGULAR OFFICE: 112 10X20	LEASED 10X20		
REGULAR OFFICE: 110 10X20	REGULAR OFFICE: 111 10X20		
REGULAR OFFICE: 108 10X20	LEASED 10X20		
LEASED 10X20	REGULAR OFFICE: 107 10X20		
EXECUTIVE OFFICE 10X20	LEASED 10X20		
PREMIER OFFICE: 101 12X12	PREMIER OFFICE: 102 12X12	PREMIER OFFICE: 103 10X12	

For information contact: Kimberly Setrum  
Royal LePage Martin-Liberty Sask Realty

**(306) 434-8733**

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Dr. Noah Plosker Dr. Melissa Vass Dr. Kristen Fink Dr. Marian Juce

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- Up to 50 DB of gain
- 5G Ready - Will work for the next decade and beyond

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### SureCall Fusion 2 Go 3.0 Fleet



- Boosts voice, text and 4G LTE signals on all cellular devices for all North American cell carriers;
- Reduces dropped and missed calls inside any car, truck or SUV
- Multi-user booster, no cradle or docking station required
- Optimizes gain to ensure your booster is always operating at max performance
- Permanent mounting with exterior NMO antenna - requires 3/4" hole in sheet metal
- 5G Phone Compatible - Boosts voice and 4G LTE data signals on 5G phones and devices

**\$699<sup>99</sup>**

### SureCall Flare 3.0 CA



- Compatible with all 4G and 5G cellphones
- Covers up to 3,500 sq. ft. area or ideal for 2 to 4 rooms of a home or office
- Indoor signal booster improves cellular signal strength to help minimize dropped or missed calls with enhanced signal coverage
- All-in-one design with combined indoor antenna and signal booster improves voice calls, texts, and 4G LTE data signals on all Canadian network carriers
- Directional outdoor Yagi antenna captures signals directly from the tower for efficient indoor transmission
- Effortless installation with combined booster, indoor antenna, and included 50 ft. RG-11 coax cable means you're quickly set up
- Compliant with ISED 2017 regulations

**\$499<sup>99</sup>**

### SureCall Fusion Professional



- Boosts voice and 3G/4G/LTE\* data speeds for multiple users simultaneously
- 5G Compatible— supports 4G, LTE & 5G devices, including MiFi hotspots and cellular datahubs
- Adjustable gain attenuation
- Compatible with off-grid homes using 12V power sources
- Metal construction for long-lasting durability
- Stealth technology incorporated — uplink becomes dormant when not in use, providing green, power-saving operation
- Industry-leading 3-year warranty & 60-Day money-back guarantee

- Coverage with exterior signal strength: 1-2 bars -1500-2000 sq. ft, 3-4 bars -2000-4000 sq. ft, 5 bars -4000-8000 sq. ft.
- Directional outdoor antenna captures signal directly from the cell tower
- Kitted with upgraded exterior cable (SC400) for superior performance
- Industry-leading highest uplink power for excellent performance in rural areas (2XP Technology)

**\$799<sup>99</sup>**

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# A tribute to our local Health Care



## Health care services in Moosomin

### Doctors and other health care professionals

The Moosomin area has a number of health care professionals who serve the health care needs of people across a large area of southeastern Saskatchewan and southwestern Manitoba.

The doctors of the Moosomin Family Practice Centre also provide medical services in Elkhorn, Rocanville, Maryfield, Whitewood, and at the Nutrien mine. The centre also allows people to call and make appointments the same day.

There are 10 physicians and one nurse practitioner who are part of the Family Practice Centre, as well as one ultrasound technician, and two physiotherapists.



A wide range of medical services are available at the Southeast Integrated Care Centre in Moosomin, provided by a number of health care professionals.

### Southeast Integrated Care Centre

The Southeast Integrated Care Centre opened in 2008, the realization of a dream for many people in the Moosomin area. It includes the following services.

#### OUTPATIENT/AMBULATORY CARE SERVICES

Outpatient/Ambulatory Care provides scheduled services or services ordered by your physician.

Laboratory and x-ray services are provided on weekdays during regular hours with an order from your physician.

The Community Oncology Program of Saskatchewan (COPS) supports an outreach clinic in Moosomin Hospital for delivery of chemotherapy and related services.

Visiting professional services are available at various times each month. Talk to your doctor to find out what services are available and when you can receive them.

Equipment and medical supplies (such as splints,

crutches, cervical collars, fiberglass casts) will be provided at cost or for a rental fee.

Minor procedures are done by appointment only.

Appointments are booked through your physician's office. Minor elective procedures are done under general anesthetic by appointment only, booked through your physician's office.

Foot care clinics through Home Care and Advanced Foot Care Services are scheduled on a regular basis.

Information and Education is provided on an individual or group basis.

#### EMERGENCY SERVICES

Immediate emergency care is provided at the Southeast Integrated Care Centre Physician services and/or emer-

gency consultations are provided 24 hours a day, seven days a week. Emergency laboratory and x-ray services are provided.

If you require more extensive emergency treatment, rapid transport to a specialized facility will be arranged.

#### INPATIENT SERVICES

Inpatient services provides medical care to adults, youth and children 24 hours a day.

Perinatal/Delivery Care is care of pregnant women during or around the time of delivery. You will be transferred to a larger centre if you require care beyond what the Southeast Integrated Care Centre can provide (and if time permits).

Palliative Care services provide compassionate, supportive care to the terminally ill.

Observation Services are provided to assess your condition prior to your admission or discharge from hospital.

Emergency respite provides respite care resulting from an urgent and immediate need. Standard respite care fees apply to this service.

#### LONG-TERM CARE

The Southeast Integrated Care Center, Long Term Care has 58 beds in total, 55 for permanent residents, and three for those requiring a temporary stay. The home is divided into four houses, each with its own dining room and kitchen area to provide the residents with choice, freedom, and the chance to connect within their small groups. Therapeutic recreation services are provided to the residents five days a week, and hairdressing services are available as well.



## Health care services in Esterhazy

Public health care facilities in Esterhazy include St. Anthony's Hospital, which is a 21-bed hospital, a public health office, mental health services, a home care program, physiotherapy, and a care home.

At present, five doctors practice from the Esterhazy District Medical Clinic, located in the Mosaic District Medical Building, at 300 Gonczy Avenue on the corner of Schafer Street and Gonczy Avenue—Dr. Nel, Dr. Punia, Dr. Najji, and Dr. Carandang, nad Dr. Khodabakhshi.

St. Anthony's Hospital is located at 216 Ancona Street, at the corner of Ancona Street and Gonczy Avenue.

Esterhazy's Centennial Special

Care Home is also located on the south end of town, at 300 James Street.

Esterhazy District Medical Clinic in the Mosaic District Medical Building, is located at 300 Gonczy Avenue, corner of Schafer Street and Gonczy Avenue.

### St. Anthony's Hospital

St. Anthony's Hospital has 14 acute care beds and offers the following services:

- 24 Hour Emergency
- Visiting dietitian

- Laboratory
- Medicine
- Outpatient Services
- Pastoral Care
- Visiting Healthcare Professional Services
- X-ray

### Centennial Special Care Home

The Centennial Special Care Home offers:

- 52 long term care beds
- 1 respite bed
- Adult Day Wellness Program
- Purposeful Interaction

We salute our LOCAL HEALTH CARE PROFESSIONALS

Esterhazy District Medical Clinic would like to salute the local health care professionals in our region!

### Welcome to Dr. Khodabakhshi OUR NEWEST PHYSICIAN

who joins our already established team of Dr. Marjorie Carandang, Dr. Mandi Nel, Dr. Sarbjit Punia, and Dr. Maryam Najji

306-745-6681 | 300 GONCZY AVE, ESTERHAZY, SK

Thank you to our local health care professionals in the Moosomin area. Your services are invaluable!

### Steven Bonk, MLA MOOSOMIN CONSTITUENCY

Phone: 306-435-4005  
622 Main St. | Moosomin, SK  
Fax: 306-435-4008

OFFICE HOURS:  
Monday - Thursday  
9 a.m. - 12 Noon  
1 p.m. - 4 p.m.



"Thank you to all health care professionals for the contribution you make to the well being of our communities."



### MOOSOMIN OFFICE:

Phone: 306-435-2831  
1-866-249-4697  
robert.kitchen.c3@parl.gc.ca  
www.drrobertkitchew.ca

DR. ROBERT KITCHEN MP  
Souris-Moose Mountain



CATHAY WAGANTALL  
Member of Parliament  
Yorkton-Melville

In appreciation of our health care professionals; thank you for helping us through!



# A tribute to our local Accountants & Real Estate Agents



## Family Gatherings: Let's Talk About Succession Planning

BY MNP

Family gatherings can be an excellent opportunity to talk about the future and your goals as a family. It's not only a time to reconnect with loved ones and enjoy some delicious food, but opens the door to the perfect opportunity to also talk about... succession planning.

As many families learn first-hand, a succession plan isn't typically drafted in one night. It can take family's years to complete the details of how to pass down the family business. But with some honest discussions and the support of succession advisors, they are well equipped to find a succession strategy that works for everyone.

Here are some tips:

### 1. Determine—early on—what everyone's role will be

Not every child wants to take over the family business and that is often the case with many of the families we work with. Although all the children may have helped in various capacities over the years to support their parents, as they get older, one or more of the children, may have took on more business responsibilities.

So as one may have aspired to one day take over the family business, others may not — which is good to know upfront and an integral first step in developing a fair succession plan.

### 2. Consider the whole picture

Your children may not always agree on business decisions. As parents inching toward retirement, with more than one child

wanting to be involved, you may wonder how they would run the business together or be concerned about how they would pay for the business or how any children not wanting to be involved with day-to-day business would fit into the business's future.

There are other factors to consider as well, such as tax issues, division of business property, how would the next president be decided, should employees be involved as owners and the funding of your retirement.

### 3. Call in the professionals

With everything laid out on the table and the help of their MNP advisor, families are in a better position to tackle each challenge one by one. Most business owners understand the industry issues most pertinent to their business, but they aren't succession experts. A business advisor specializing in succession can help reorganize the structure of ownership to reduce your tax burden and recommend various options. For example, recommending a buy-out plan and retaining their parents as advisors and directors, thereby creating an income stream for parents during their retirement.

The important thing is developing a plan for the business which would align both with the parents' payout and the children's vision for managing and growing the business. This often involves putting a formal structure in place to govern how they would work together. And, to prevent miscommunication, it should also include a dispute-resolution process.

### 4. Fairness to all children

It's important to not forget about the children not involved in the business. There are a number of different scenarios but for example, perhaps the child not involved with the business was given an opportunity to hold non-preferential shares in the business, or they are given a larger inheritance of the parents' non-business assets, like property, RRSPs and savings. It's important to have this discussion and consider all children in the equation.

There is no one-size-fits-all approach,

it's unlikely you'll draft an air-tight succession plan on the first pass. That said, holiday gatherings can determine which family members are interested in which aspects of the business and explore options for those who aren't. The key is to approach the conversation in a civil and professional way. So don't put off your succession planning. Take your next family gathering as an opportunity to start the conversation.

If you'd like to learn more strategies for preserving your family fortune, contact our Moosomin office at 306-435-3347.

## When is the best time to sell your home?

If you've decided it's time to sell your home, you may be wondering when the best time is to put it on the market. Here are some things to think about.

### THE SEASON

The real estate market usually slows down during the holidays and in summer. Therefore, you may want to consider putting your home up for sale in the spring or at the start of the school year. Since buyers are more active during these times, you'll have a better chance of selling your home quickly.

### THE MARKET

If possible, you should sell your home in a seller's market. This occurs when there's more potential buyers than there are homes for sale in a particular area. In a



buyer's market, or when there's a surplus of available homes in an area, you may find it more difficult to get the price you want for the property you're selling.

If you need personalized advice on how to get the best price for your home, contact a realtor in your area who's familiar with the local market.

## Your business. Our passion.

Corie Wudrick-Mohrbutter  
CPA, CA

Mark O'Rourke  
CPA, CA

Renee Dixon  
CAFM, CPA, CGA

Wendy Ireland  
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Mercedes Bruce  
CPA

Carly Davidson  
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National in scope, local in focus, MNP's Moosomin team delivers industry-specific advice and personalized strategies to help keep you competitive and profitable.

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## Kim Setrum

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- 2020 AND 2021 -

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- 2019 AND 2020 -

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- 2017 AND 2018 -

Winner of the Director's Gold Award  
- 2015 AND 2016 -

# A tribute to our local Education Professionals



## Southeast College's professionals excel in assisting adult learners

Southeast College has a number of professional staff who are trained specifically to work with adult learners and assist them in their educational needs.

"All of our staff are trained to help our students," says Sheena Onrait with Southeast College. "We have a wide variety of staff members that assist our students on a regular basis—from our administrative support staff that help our students on day-to-day things, our campus managers who help with more detailed student support, and then of course our student advisors that really dive in to help our students with their academic success. They also assist students that need help with financial support, like whether or not they qualify for a student loan and in general a wide range of supports."

Onrait says the student advisors at Southeast College play a number of roles.

"When it comes to our current students they are there to offer general support to students throughout their entire experience with us," she says. "Whether it is help with academic support, like helping them find a tutor, or an ear to lend if they are having a tough day, or whether it is help with their student loan or help with their post secondary application, they offer those types of supports to our students on an ongoing basis."

"When it comes to a prospective student, if someone were to walk in and say 'you know I am really interested in a certain career and I don't know where to find information,' our student advisors really help those students. They can do a skills inventory with them. They can help guide them in the right direction if they are looking for a specific post-secondary program. Student Services



advisors really provide a wide variety of services."

Onrait says all of the professionals at the college interact with the students in different capacities.

"The instructors are an integral part of our organization, of course, because they are providing that level of education to our students. For the most part, they would have the most communication with students. Second would

be the student advisors. Depending on the student, of course, some students would go the whole year and not see their student advisor where some students would see their student advisor quite often. It just depends on the student and what their level of need is."

These professionals are on hand at all of the Southeast College campus locations.



"At pretty much all of our locations we have instructors," says Onrait, "and our student advisors are throughout our region. We have four student advisors currently and they are all responsible for a certain area, section or program, so we have every single one of our programs covered by a student advisor."

One thing that distinguishes Southeast College's professionals, says Onrait, is that they are used to working specifi-

cally with adult learners. "They are trained to work with adult learners. There is a difference between a high school learner and an adult learner," she says. "They are all well versed and educated and have a long standing history with adult learners."

"That is what sets our advisors apart—they recognize the challenges that adult learners face and they have the resources to help learners with those challenges."



2022 - 2023  
FULL TIME  
PROGRAMS



PROGRAM NAME	LOCATION
Continuing Care Assistant	Estevan
Continuing Care Assistant	Whitewood
Electrician	Moosomin
Heavy Equipment Operator	Estevan
Hairstylist	Weyburn
Heavy Equipment and Truck and Transport Technician	Estevan
Industrial Mechanic	Estevan
Health Care Cook	Moosomin
Welding	Estevan
Early Childhood Education Diploma - Year 1	Whitewood

\*Programs and locations subject to change

Register online  
[southeastcollege.org](http://southeastcollege.org)

Or Call  
1-866-999-7372

# PHARMACY APPRECIATION MONTH



## THANK YOU PHARMACY

## Pharmacy Appreciation Month—shining a spotlight on our pharmacy professionals

Pharmacy Appreciation Month (PAM) is an important opportunity to reflect on and acknowledge the extraordinary efforts and contributions of pharmacy professionals to

Canada's health-care system. It's clear that pharmacy professionals have taken on a lot to help the country through the pandemic. They have stayed

open and accessible for their patients, showing up each day ready to care for and support them. They've been leaders in their community, educating and guiding the patients they serve through the many challenges over the past two years.

Pharmacy Appreciation Month is the annual national campaign that shines a spotlight on all things pharmacy. Celebrated each March, PAM is a time to highlight the role pharmacy professionals play in our health-care system and thank them for their extraordinary efforts.

Pharmacy has played an essential role on the front lines of the pandemic. Pharmacy professionals have helped us through this pandemic in many ways and have been a key part of our nation-wide public health efforts to screen, test and vaccinate Canadians. Pharmacies have remained open and accessible to their patients, and team members have showed up each day ready to care for, support, educate and guide their communities through the many challenges of the pandemic.

Pharmacy teams have vaccinated millions of Canadians. Pharmacy teams have played a central role in the vaccine roll



out, most recently working extremely hard to vaccinate our kids and meet the surge in demand for Covid-19 booster shots. They've administered more than 17 million Covid-19 vaccines across Canada—in addi-

tion to the vaccines they provide for many other preventable diseases and the millions of flu shots they deliver each year.

Pharmacists have an important and growing role in public health. Over the past two years, pharmacists have truly embraced their role in public health, expanding their practices to fill critical gaps in care exposed by the pandemic. In addition to

screening, testing and vaccinating patients, they've been involved in educating the community on evolving medical evidence and policies. Pharmacists have played a valuable role in mitigating the spread of misinformation. In addition, their responsibilities are also expanding in areas like mental health, point-of-care testing, and fighting the opioid crisis.

Pharmacists are able to offer their patients more health-care services than ever before. Although each province and territory is different, pharmacists across the country are able to deliver a broader range of services than they could even just a few years ago. There are many more reasons for you to visit your pharmacy these days, as the ability to renew/extend prescriptions, order lab tests and assess and prescribe for common ailments has enabled Canada's pharmacists to ensure Canadians have reliable and easily accessible care.

Pharmacists are valuable to the health-care system. By reducing the number of people needing hospitalization, visiting emergency rooms, or even needing to book appointments with a family doctor, pharmacists are helping save the health-care system money. With a greater scope of practice, pharmacists could deliver even greater efficiencies to Canada's health system.

pharmacy. There are more than 45,000 pharmacists and 9,900 pharmacy technicians in Canada, working in over 11,000 pharmacies. Pharmacists consistently rank as one of

the most trusted professions in Canada and Canadians see their pharmacist more often than any other health-care professional. Every week pharmacists see about 10 million patients across the country.

### SAPARA'S DRUG MART

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  - Injection Services
  - Simpli Medication Packaging Options
  - Sigvaris Stockings
  - Free Delivery



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LEFT TO RIGHT:  
 Jackie Reece, Pharmacy Assistant  
 Samantha Sikora, Operator/Manager/Pharmacist  
 MISSING: Keith Sapara, Pharmacist

434 Main St. • Esterhazy, SK • 306-745-6662  
 Monday, Wednesday, Friday & Saturday : 9 a.m. - 5:30 p.m. • Thursday: 9 a.m. - 7 p.m.



Gail Lalkowski, Kayla Miller, Karla Bell, Joanne Clements, Kari Meyers

Stop in and see us!



Monday - Friday:  
8:30 a.m. - 6 p.m.

Saturday:  
9:00 a.m. - 5:30 p.m.

DRUG MART

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**Melissa Dlouhy** (Right)  
 OWNER/PHARMACIST  
**Erin Gurney** (Left)

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With appreciation to our local pharmacists!

Dhawi Salih - Pharmacist | Lyn Ede - Pharmacy Assistant

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Darcy Rambold, Paula Canart, Brittany Glasser, Leann Hanna, Jeannette Haubrich (pharmacy assistant), Micheal Rambold (pharmacy assistant)

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A tribute to our local

# Interior Decorators



## How can interior design improve your life?

Moosomin has been my home since 1999. Together with my husband Murray, we have raised our three children with our last one graduating high school in June and going off to college in the fall.

I am a nature lover at heart. You will often find me on hiking trails or running races. I have completed a dozen 10k races with a couple half marathons under my belt. I am and will always be a forever student—always learning and applying new information.

Since moving to Moosomin, I have worked over two decades as a dental hygienist. I was forced off work in February 2021 due to a shoulder injury that required surgery. During my recovery, I took the Interior Decorating course. It was a course I have wanted to take for many years but never really had the time. I enjoyed the course so much and I am so excited to share with you what I have learned!

I have a found a passion that I love and want to share my knowledge and give back to my friends and community.

Hiring a designer can help you avoid costly mistakes-It will not only save you time and money but can increase the value of your home!

### Aging in place-What is it?

Aging in place is a process that implements modifications to help someone continue to live independently in their home for as long as they wish or are able. This design concept does not only apply to seniors, it applies to anyone that has some disabilities that require modifications, to anyone that may have an illness or has had an accident or surgery.

Another process to Aging In Place is a Proactive approach. These are clients who may be in their 40's-50's maybe older that don't have any issues currently but are planning for the future. These people may be doing their last kitchen or bathroom reno for example.

The most important benefit of AIP is living independently at home with the goal to maintain and improve the quality of life.

Remaining in a familiar setting near family and friends will positively impact your health and happiness. In most cases, the cost of AIP is lower than the cost associated with senior living complexes.

How many of us have known someone who has been transferred to another community or to the city to an assisted living or long term care facility? They can feel alone without their friends, or neighbours. Family visits are sporadic, maybe 1-2 times a week.

Study after study has shown us that the more lonely you are, the faster your health declines. We are wired for connection. This Pandemic has taught us that!

Let's empower our seniors to live in their homes where they can keep physically and mentally active.

Let's keep YOU home, in YOUR community with YOUR family and friends.

As we age, our needs change-I can help adapt your home to meet those changing needs.

### Who should consider Aging In Place (AIP)?

The decision to age in place shouldn't be taken lightly. It is of utmost importance to create a comprehensive plan that addresses any potential issues that might accompany Aging In Place.



### You might be a good fit for AIP if...

- You have a strong support system of family, friends and doctors
- You are proactive and like to make your own decisions about you and your future
- You have access to transportation, whether private or public
- Your home is accessible or can be made accessible
- You are relatively in good health and are comfortable living on your own

Let me help you design a space you LOVE!

I will help eliminate the stress and time it takes to make your home beautiful!

If you aren't sure which service is right for you, give me a call so we can determine which one is best for you!! 306-435-7926.



### How does Interior Design Impact our lives?

Good interior Design will inspire happiness and comfort in your home. It can evoke confidence, pride, security and creativity. Small changes in colour, fabric and layouts can easily improve your mood and bring on positive feelings.



JENNIFER GRAY  
DESIGNS

### Services I provide

I offer a full service that encompasses all of these services for residential or commercial needs-Internationally!

- Aging In place Design/ Universal Design
- Comprehensive decorating and design consultation
- Colour consultation and colour palette development
- Floor planning and room layout
- Furniture selection and arrangement
- Lighting design
- Floor selection
- Wall treatments
- Accessorising
- Textile selection
- Window treatments
- Home organizing
- Home staging

### How can Interior Design Improve Your Life?

1. **Organize** your life-a well designed home will bring order and calmness to your space
2. **Create** a relaxing and safe environment
3. **Increase** productivity and creativity
4. **Make** the space functional
5. **Improve** your mood and emotions
6. **Makes** a statement



Your home should be a reflection of you!

Let me help you design a space you LOVE!

I will help eliminate the stress and time it takes to make your home beautiful!

If you aren't sure which service is right for you, give me a call so we can determine which one is best for you!!

Jennifer Gray

Interior Decorator | Colour Consultant | Aging in Place Consultant  
jen.gray@sasktel.net | Moosomin, SK | 306.435.7926



## What will tomorrow look like?

Will it be what you expected?  
Or something you never could have predicted?

**Tomorrow is a gift, and we want you to be ready for it.**

## About HUB

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# A tribute to our local Funeral Director



## 5 things to consider when pre-planning a funeral

It's normal to feel uncomfortable about making arrangements for your funeral. However, doing it ensures that the burden doesn't fall on your loved ones. Here are some of the things you'll need to make decisions about when pre-planning a funeral.

### 1. The funeral home

If you want a traditional funeral service, you'll need to select a venue. Factors to keep in mind when choosing a funeral home include ambiance, location and pricing.

### 2. Arrangements for the body

Do you want to be buried or cremated? Or maybe you'd rather donate your body to medical research? Deciding what to do with your remains will also likely involve choosing a casket or urn.

### 3. Presentation of the remains

You can choose to present your body



at your funeral in either a closed or open casket. If you opt for an open casket, think about the clothing, jewelry and accessories to be worn.

If you want your remains to be cremated, this can take place either before or after the funeral, making presentation of the body an option regardless.

### 4. Type of funeral service

Funeral services can be religious affairs or simple celebrations of life. Don't hesitate to personalize the service with a favourite piece of music, poem or bit of scripture. Be sure to also consider floral arrangements and other decor or mementos you may want present.

### 5. Final resting place

If you want to be buried, you'll need to select a plot in a cemetery. If you want to be cremated, you'll need to decide where your ashes will be placed. Your final resting place may be incorporated into your funeral service, but it doesn't have to be.

Pre-planning a funeral isn't easy, but you don't have to do it alone. Invite a friend or family member to help you, or work with a funeral home that can walk you through the whole process.

## Allow your family to celebrate your life without the stress

Losing a loved one is one of the hardest experiences that any of us will ever go through. With so many things happening all at once, it's hard to know where to turn or what to do next. Our compassionate staff at Carscadden Funeral Chapels are here to guide your family through this difficult time. You can trust that every request and need is carried out with the highest level of professionalism and care.

Carscadden Funeral Chapels was founded in 1936 and has locations in Virden, Moosomin and Reston. We are grateful for the opportunity to serve these communities, along with many other communities and families in the surrounding area.

Our licensed funeral directors, Jim Stinson, John Dunfield and Elisha Park have a combined 91 years of experience in serving our communities. In addition to our funeral directors, our funeral service attendants Johan Myburgh, Frankie Frattinger and Amanda Rokocho complete our team of caring professionals.

Whether your choice is casket burial or cremation, Carscadden Funeral Chapels can offer your family a complete range of service and merchandise options. Today, families are looking for more unique ways to memorialize their loved ones. We now provide mod-

ern, personalized stationery products that beautifully reflect a life well lived. We can also assist in producing video tributes and photo books from cherished family photographs, bringing these memories to life. We work with several reputable Canadian companies to provide families with additional keepsake options. These items include fingerprint jewelry, DNA preservation and testing, candles, bookmarks and more. We are also authorized Remco Memorial Counsellors and can help you create a lasting tribute for your loved one.

Over the last two years we have learned how important the support of family and friends is during a time of loss. Throughout the Covid-19 pandemic we began livestreaming for those that were unable to attend in person. As restrictions are lifting, families continue to see the value in providing this service. Family and friends from around the world appreciate the opportunity to participate in viewing the livestream or watch the recording at their own convenience.

Although we plan for important life events such as a wedding or vacation well in advance, the idea of planning ahead for end-of-life arrangements is a new concept for many. While we know it can be difficult to

discuss, taking the time to make these decisions will allow your family to celebrate your life without the added burden of making difficult decisions. Our experience has shown us that stress can be greatly reduced when funeral arrangements have been discussed, planned and if you wish, pre-funded. Our pre-planning specialist, Joy Bowman is available to provide information on the benefits of pre-planning at no cost or obligation.

We are proud to have been in the community since 1936 and are committed to supporting the communities we serve. Every year we invest in local charities, organizations, and community events through our Carscadden Cares campaign. Please contact us to nominate a deserving local organization.

Our promise to you is to consistently provide caring, experienced, professional service at reasonable prices and superior value. We have staff available 24 hours a day to answer your questions and explain your options, so you are able to make the best decisions for you and your family. Please know that our team at Carscadden Funeral Chapels will do everything within our professional ability to ensure that you and your loved ones are especially well cared for.

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A tribute  
to our local

# Lawyers



## Three documents everyone should consider having

Ensuring that your wishes are known and respected, both during your lifetime and following your death, is an important aspect of any plan for the future. While you are alive and well, communicating your wishes and controlling decisions that affect you is fairly straightforward. In the event that you lose your ability to communicate or your capacity to make decisions, things can get more complicated unless you have planned for such an event. And if you should die without properly setting out your wishes for your estate, you will lose all control over how it is handled.

There are three different legal documents that can help ensure that your wishes are known and honoured. It is important for individuals to understand what each document can and can't accomplish.

### HEALTH CARE DIRECTIVE

A health care directive lets others know your wishes concerning your health care treatment in the event that you lose your capacity to make or communicate such decisions. Generally speaking, a health care directive provides your doctor or other health care professional with directions about the types of medical treatment or measures that are acceptable to you. A health care directive can cover decisions regarding matters like diagnostic testing, blood transfusions, resuscitation, life support, feeding tubes, antibiotics, surgical procedures and palliative or comfort measures. Health care directives can be completely personalized and need not be limited to the examples listed above.



They can also name a proxy that is authorized to make decisions on your behalf and in line with your known wishes. A health care directive cannot authorize euthanasia or assisted suicide.

### ENDURING POWER OF ATTORNEY

An enduring power of attorney authorizes another person to act on your behalf and will continue in effect even if you later lose your legal capacity. It can be set up to deal with both your property matters—such as banking, investments, leases or sales—as well as personal affairs,

such as where you will live and how your personal care needs will be met. It can also be designed to deal with only property matters or only personal matters.

It is important to note, however, that an enduring personal power of attorney, either on its own or in combination with a property power of attorney, cannot authorize decisions concerning medical treatment—these decisions must be dealt with under a health care directive. An enduring power of attorney only applies during your lifetime and ceases to be effective upon your death.

### WILL

A will covers the distribution of your property or estate after you die. Properly drafted and executed, a will can help ensure that your property is divided the way you intended and benefits the people you intended. It can be drafted very broadly (three equal shares to my three children) or contain very specific bequests (to my only brother, David, I leave my entire art collection). A will only comes into effect upon your death and may be changed during your lifetime to reflect changes in your personal life, provided that you continue to be of sound mind.

A will can also be used as part of an overall estate plan to address matters concerning capital gains taxes, transferring farm property or business shares, roll-overs and life interests. It also allows you to name your Executor, the person that will be responsible for seeing your wishes through, and provides an opportunity to record and discuss your wishes about matters such as guardianship of your minor children or funeral arrangements.

As you can see, these three documents deal with three very distinct areas of planning for the future and cannot simply be used interchangeably. Together they can provide a good measure of security that your affairs are in order, regardless of what the future holds. As these documents are legal documents, it is important to understand what is required in order for them to be effective.

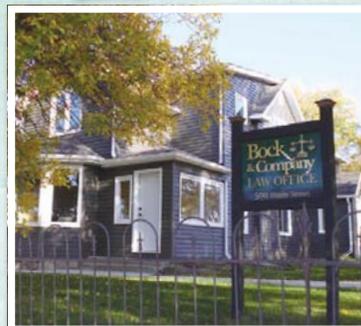
For more general information about these matters, visit [plea.org](http://plea.org).



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